# Flickertail Dining Room

**Monday - Thursday** 7 a.m. - 7 p.m.  
**Friday** 7 a.m. - 6:30 p.m.  
**Saturday & Sunday** 12 - 6 p.m.

## Dining Plans

<table>
<thead>
<tr>
<th>Time</th>
<th>Meal</th>
<th>Service Status</th>
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</thead>
<tbody>
<tr>
<td>Monday - Thursday</td>
<td>Breakfast</td>
<td>7 - 10 a.m.</td>
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<td>10 - 11 a.m.</td>
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<tr>
<td></td>
<td>Lunch</td>
<td>11 a.m. - 2 p.m.</td>
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<td>2 - 3:30 p.m.</td>
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<td></td>
<td>Dinner</td>
<td>3:30 - 7 p.m.</td>
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<tr>
<td>Friday</td>
<td>Breakfast</td>
<td>7 - 10:00 a.m.</td>
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<tr>
<td>Saturday &amp; Sunday</td>
<td>Lunch</td>
<td>12 - 2 p.m.</td>
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Fall 2020 Library Hours

Wahpeton:
M-TH: 8 a.m. – 8:30 p.m.
F: 8 a.m. – 12 noon
Sun: 6 p.m. – 9 p.m.

NDSCS-Fargo, Room 127
Wednesdays: 10 a.m. – 4 p.m.
• SEPT. 23
• OCT 21
• NOV. 18
• DEC. 9

Holidays, vacations and summer hours may vary.
Weather may affect hours of operation.

More about our services is online
at www.ndscs.edu/library
under Library Overview
and How To Guide

Contact us...
701-671-2618 | 1-800-342-4325, ext. 3-2618
NDSCS.Library@ndscs.edu
www.ndscs.edu/Library

August 10, 2019
Wildcat Wellness Center
The following procedures will be in place when the Wildcat Wellness Center. Anyone not following safety guidelines will be asked to leave the Blikre Activities Center. If large groups do not follow protocol, portions of the full facility, or the entire facility, will be closed. Members and students are asked to work together to make facility use safe and enjoyable for all.

Blikre Activities Center Hours will be as follows:

To use the fitness center or swimming pool:

Regular Hours of Operation for Fitness Center

- Monday-Thursday 6 am-10 pm
- Friday 6 am-6 pm
- Saturday and Sunday 12 pm-6 pm

Regular Hours for the Pool

Lap/Exercise

- Monday-Friday 6-7:45 am
- Monday, Wednesday, Friday, 11:30 am- 1 pm
- Monday-Thursday 7 pm-9 pm

Open Swim

- Sunday 2 pm-5 pm
- Monday and Wednesday 7 pm-9 pm

Entering the Activity Center

1. Park in the North parking lot of the Blikre Activity Center
2. Enter the building through the North door
3. **Scan your student ID at the North each time you use the facility** <= *IMPORTANT*
   - This is mandatory to provide an accurate count of all students that are in the facility in the event of an emergency.
   - The scanner is located on the wall next to the desk.

If you have any questions, please email or call Jane Passa – 701-671-2445 | jane.passa@ndscs.edu
Members and Students must follow these guidelines to utilize the Blikre Activities Center.

- Respect social distancing, and stay six feet apart from other members.
- Disinfect all equipment before and after use.
- Use your own water bottle.
- Face coverings/masks are highly encouraged.
- Wash your hands often, or use hand sanitizer.
- Limit your time in the facility.
- Follow the facility-specific guidelines below.

Ed Werre Arena:

- Walking and light jogging permitted.
- No hard running allowed. Hard running must be conducted outdoors.
- Inside lanes are for walkers, outside lanes are for joggers.
- Always practice appropriate social distancing. Be mindful when passing others on the track.

Shorma Family Weight Room:

- Every other weight rack will be available.
- Wipe down and disinfect all equipment before and after use.
- No more than 23 individuals are allowed in the weight room at one time.
- Always practice appropriate social distancing and be courteous to others using the room.

Aquatics/Pool:

- Seating areas are limited.
- Only three swimmers per lane are allowed during lap swim.
- Only six swimmers per lane will be allowed during circle swimming.
- No more than 36 individuals are allowed in the water at one time.
- Always practice appropriate social distancing and be courteous to others using the pool.

Beck Gymnasium:

- No equipment will be supplied.
- No more than four individuals may be at one basket.
- No full court contests.
- 2-2 contests are allowed if ½ court space is available.
- No more than 16 individuals are allowed in the gym at one time.
- Always practice appropriate social distancing and be courteous to others using the gym.

Auxiliary Weight Room (Upstairs):

- Some equipment may not be available, to allow for social distancing.
- Wipe down and disinfect all equipment before and after use.
- No more than 9 individuals are allowed in the auxiliary weight room at one time.
- Always practice appropriate social distancing and be courteous to others using the room.
Cardio Room (Upstairs):
• Some equipment may not be available, to allow for social distancing.
• Wipe down and disinfect all equipment before and after use.
• Walking and light jogging are permitted.
• No hard running is allowed. Hard running must be conducted outdoors.
• No more than 11 individuals are allowed in the cardio room at one time.
• Always practice appropriate social distancing and be courteous to others using the room.

Racquetball Courts:
• Single contests (2) are highly encouraged.
• Double contests (4) are allowed when you are participating with regular partners to employees who work or socialize together.
• No more than four individuals are allowed on the court at one time.