

NDSCS College Community -

In accordance with federal law and guidance from public health officials, this notice is being sent to inform the NDSCS community that we have had a positive case of COVID-19 identified within the NDSCS Wahpeton community. We are taking steps to work with the individual to isolate them from others and will be assisting the public health officials in following up with any individuals that may have recently come into close contact with the individual who tested positive.

The North Dakota Department of Health will be conducting interviews with all persons diagnosed with COVID-19 to determine who their close contacts are. People who are identified as close contacts will be notified by the North Dakota Department of Health and will receive instruction on quarantine and monitoring. Click this link for a fact sheet on being a Close Contact.

If you have not been contacted by the North Dakota Department of Health after you have been in the same location with a person diagnosed with COVID-19, you are not considered a close contact but should continue personal prevention practices. <u>Click this link</u> for a fact sheet for people who may have been around someone with COVID-19 but are not a Close Contact.

The entire NDSCS community needs to be aware, flexible and engaged with reducing the risk for exposure and spread of COVID-19. Please continue these <u>personal prevention practices</u> to minimize your risk of exposure:

- Social/Physical distancing: keeping distance from others (about 6 feet) when possible, and wearing a face covering/mask when not possible.
- Wash your hands often with soap and water for at least 20 seconds.
 - Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Frequently clean/sanitize often-touched surfaces.

<u>Symptoms of COVID-19</u> can include fever, cough and shortness of breath. The symptoms may appear in as few as two days or as long as 14 days after exposure. Individuals can check their symptoms through the ND Department of Health Risk Assessment Survey tool, which can be accessed by <u>clicking here</u>. Please contact Student Health Services for questions or concerns and continue to refer to the <u>ndscs.edu/COVID-19</u> web page for current information.

Stay well,

Ann McGray NDSCS Safety and Payroll Director