Occupational Therapy Assistant

Contact Information
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Delivery Methods
Face to Face: Wahpeton
Online: *Some Classes

Occupational therapy assistants are a valued team member of the healthcare setting. COTA’s assess, utilize and adapt everyday occupations to improve daily living skills, promote health and wellness, and enhance independence in the daily occupations of their clients. OT practitioners can work with clients ranging from newborn to geriatric in a variety of settings including school systems, hospitals, mental health clinics, nursing homes, and rehabilitation facilities. The COTA provides intervention strategies under the supervision of a registered occupational therapist.

The program at NDSCS offers an exceptional education in a supportive learning environment. The curriculum consists of three semesters of academic preparation and one semester of full-time fieldwork education. Semester progression is based on meeting established benchmarks. Criminal background checks will be required. A felony charge and/or conviction may affect fieldwork placements, and therefore, program completion. If this issue applies, the student must meet with the department chair and fieldwork coordinator. All expenses incurred in preparation for, and during fieldwork are the responsibility of the student.

The OTA program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 6116 Executive Boulevard, Suite 200, North Bethesda, MD 20852-4929. ACOTE’s telephone number, C/O AOTA, is (301) 652-AOTA and the web address is www.acoteonline.org. Graduates will be eligible to sit for the National Certification Examination for the Occupational Therapy Assistant, administered by NBCOT, One Bank Street, Suite 300, Gaithersburg, MD 20878, phone number 301-990-7979, Federal ID: 52-1620929, www.nbcot.org. When application is made, the candidate will be required to disclose any previous felony conviction, which may affect the graduate’s eligibility to sit for the exam. Upon successful completion of the exam, the candidate will be a Certified Occupational Therapy Assistant (COTA). Most states require licensure, which is based on the results of the examination.

The OTA program adheres to the NDSCS equal opportunity policy as stated in the NDSCS Catalog.

This program requires access to a personal laptop and printer, capable of completing the assignments/testing required by the program, with a current operating system and webcam/microphone. Tablets and Chromebooks are not compatible with online classes/testing.

Admission/Selection Requirements:
Applicants will be admitted to the program according to the following process:
Fall Semester (first year): Students will be accepted into the program on a first come basis until capacity is reached, so early application/registration is strongly encouraged. Students admitted will take all foundational OTA prefix courses offered Fall semester. The following criteria must be met for fall semester selection:
1. Complete the NDSCS Admission process and submit an official high school transcript and all official college transcript(s) to Enrollment Services.
2. Applicants without a United States high school transcript (four years), will be required to complete English language proficiency exam(s) and meet the benchmarks prior to continuing the selection process. Contact the program to schedule the assessments if this applies.
3. Submit official ACT and/or Placement testing results to Enrollment Services. Results must meet criteria to enroll in English 110 fall semester OR submit an official college transcript with ENGL 110 completed with a “C” or higher.
4. Applicants (with a college transcript) must have a GPA of 2.25 or higher.
5. Review Essential Functions for Occupational Therapy Assistant Students and submit the Essential Functions Verification Form.

Spring Semester (first year): Students will be granted continued acceptance in the program using a point-based selection process. The following criteria must be submitted to the OTA program by December 1. Students will be notified of their status in the program prior to the end of fall semester.
2. Documentation of 20 hours of job shadow in Occupational Therapy or non-paid volunteer/community service.
3. Professional Development Assessment scores.
4. Departmental interview scores.
5. Additional admission points will be awarded for completion (with a “C” or higher) of the following college level courses, as they appear on an official college transcript: BIOL 220/220L Anatomy and Physiology I, BIOL 221/221L Anatomy and Physiology II, PSYC 250 Developmental Psychology and PSYC 270 Abnormal Psychology.

Admission to the program requires successful completion of the required courses ("C" or higher), students will be awarded an Associate in Applied Science degree in Occupational Therapy Assistant.

Course Code Course Title Credits
OTA 101 Introduction to Occupational Therapy 3
OTA 102 Disability Awareness 1
*OTA 105 Medical Terminology 2
OTA 110 Introduction to Muscle Function 2
OTA 111 Therapeutic Media 1
OTA 112 Documentation 1
OTA 113 Physical Disabilities I: Theory and Practice 3
OTA 114 Pediatrics I: Theory and Practice 2
*OTA 115 Behavioral Health: Theory/Practice - Children and Adolescents 2
OTA 151 Fieldwork Level I — Experience I 1
OTA 213 Physical Disabilities II: Theory and Practice 2
OTA 214 Pediatrics II: Theory and Practice 3
*OTA 215 Behavioral Health: Theory/Practice - Adults 3
OTA 216 Professional Issues 2
OTA 217 Simulation Lab 1
OTA 218 Aging 2
OTA 219 Community Models of OT Practice 2
OTA 252 Fieldwork Level I — Experience II 1
OTA 253 Orientation to Fieldwork II 1
OTA 254 Fieldwork Level II — Experience I 6
OTA 255 Fieldwork Level II — Experience II 6
OTA 256 Seminar 1

Related/General Education Courses
BIOL 220 Anatomy and Physiology I 3
BIOL 220L Anatomy and Physiology Lab I 1
BIOL 221 Anatomy and Physiology II 3
BIOL 221L Anatomy and Physiology Lab II 1
COMM 110 Fundamentals of Public Speaking 3
ENGL 110 College Composition I 3
FYE 101 Science of Success 1
PSYC 250 Developmental Psychology 3
PSYC 270 Abnormal Psychology 3

**Wellness Elective 2
Total Required Credits 71

* These courses are offered in an online platform and will include some evening and weekends face-to-face classroom session. Exams for online courses follow the NDSCS Distance Education Proctoring Guidelines.
** Recommended: HPER 217 Personal and Community Health or NTR 240 Principles of Nutrition (and Diet Therapy). OTA courses must be taken in sequence. Sequencing of courses is available on the program’s website at www.NDSCS.edu/OTA.

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