



## 2024-25 Parking Permit Sales

### **New This Year – NDSCS Students **MUST** purchase their parking permits online**

- Please be sure to carefully read instructions to purchase the correct permit
- If you are living in the NW or SE Apartments or College Townhomes, you will need the Housing Units Permit
- If you are living in Forkner, Riley, Schulz, Walton, Nordgaard, or Robertson Halls, you will need the Student Permit
- If you are living off campus, you will need the Student Permit

### **Parking Permit Fees**

Full-time Students (12 or more credits) = \$78.00

Part-time Students (11 credits or less) = \$39.00

*\*Part-time status will be verified by NDSCS Police staff*

### **Payment Options**

- Mastercard, Visa, Discover

### **Purchase A Permit**

1. Log-in to [Campus Connection](#)
2. Click on the Student Self Service Icon
3. Follow this path: Parking>Parking System>Log in>Get Permits
4. Confirm or add vehicle(s) to permit
5. Print and display Temporary Parking Permit (valid for 10 days)
6. Official permits available for pick up beginning August 12, 2024
  - Wahpeton Campus - pick up at NDSCS Police office in the Hektner Student Center

Please contact NDSCS Police at 701.671.2233 with any questions.

# Did you know there is a Fitness Center and Swimming Pool on our Campus?

We encourage you to take advantage of the cardio room, weight room, and swimming pool.

## »» To use the fitness center or swimming pool:

1. Park in the North parking lot of the Blikre Activity Center
2. Enter the building through the North doors
3. **\*IMPORTANT\*** Scan your student ID at the North each time you enter and leave the facility

- o This is mandatory to provide an accurate count of all students that are in the facility in the event of an emergency.
- o The scanner is located on the wall next to the desk.



### Fitness Center

#### Regular Hours of Operation

Monday–Thursday: 6 AM – 10 PM  
Friday: 6 AM – 6 PM  
Saturday & Sunday: 12 PM – 6 PM

### Pool

#### Lap Swim

Monday – Friday: 6–7:45 AM  
MWF: 11:30–12:45 PM  
Tuesday & Thursday: 5–6 PM

#### Open Swim

Monday & Wednesday: 6–8 PM  
Sunday: 2–5 PM

If you have any questions, please email or call Jane Passa  
701-671-2445 | [jane.passa@ndscs.edu](mailto:jane.passa@ndscs.edu).



**STUDENT WELLNESS | RILEY HALL 113 | 701.671.2286**

**[NDSCS.STUDENTWELLNESS@NDSCS.EDU](mailto:NDSCS.STUDENTWELLNESS@NDSCS.EDU)**

NDSCS Student Wellness understands holistic health is essential for student success.

Counseling, mental and emotional health support, physical health services, as well as outreach and education are available.

Students may schedule an appointment by calling 701.671.2286. All services are free and confidential.

**FOLLOW US ON SOCIAL MEDIA!**

- **FACEBOOK – NDSCS STUDENT LIFE**
- **TWITTER – @NDSCS\_STUDENTLIFE**
- **SNAP CHAT – NDSCSSTUDENTLIF**
- **INSTAGRAM – NDSCS.STUDENTLIFE**

# WELLNESS RESOURCES AT NDSCS

I'm really  
STRESSED  
OUT.

Are my eating  
habits affecting  
my energy and  
mood?

Why am I so tired  
all the time?

I'm thinking  
about drinking...  
what are the  
risks?

I feel  
really alone.

Where can  
I get free  
condoms  
and birth  
control?

**NDSCS Student Wellness believes holistic health is essential for success.  
Our services are FREE and CONFIDENTIAL.**

## STUDENT HEALTH

Student Wellness Services is committed to the promotion of holistic health through education, prevention, and treatment. All services provided by a Registered Nurse and include:

- Consultation for treatment for minor illness/injury
- FREE condoms and additional sexual health products/education
- Education related to health and wellness
- Testing options:
  - Rapid strep
  - Pregnancy
  - STI testing and treatment
  - Mantoux (TB)

## SUBSTANCE USE PREVENTION

College allows students to have new experiences, make connections, and forge different paths. Our office can assist students with making healthy decisions regarding substance use.

- Consultation and outreach
- Self-assessments and screenings
- Educational programs
- Community resources/referrals

## COUNSELING SERVICES

Counseling is a process by which you and your counselor work together to better understand your thoughts, feelings, and options. Seeking help early during a stressful time is important. Services include but are not limited to:

- Depression, grief, or stress
- Anxiety
- Self-esteem
- Sexual identity
- Eating disorders
- Abuse
- Relationships
- Body image
- Rape or crisis
- Thoughts of harm to self or others

**NDSCS** STUDENT WELLNESS

Riley Hall 113 • 701-671-2286 • [NDSCS.StudentWellness@ndscs.edu](mailto:NDSCS.StudentWellness@ndscs.edu) • [NDSCS.edu/Wellness](http://NDSCS.edu/Wellness)



NDSCS  
**DENTAL  
CLINIC**

**\$25**

Student Rate with  
NDSCS I.D.  
Card

VISIT OUR  
DENTAL  
DEPARTMENT  
FOR **TEETH CLEANINGS**  
& **X-RAYS!**

**FALL**

Monday • 9 a.m.  
Monday-Wednesday • 1 p.m.

**SPRING**

Monday-Wednesday • 8 a.m.  
Monday-Thursday • 1 p.m.

**CALL OR EMAIL TO RESERVE YOUR  
APPOINTMENT TODAY!**

701-671-2333 or [ndscs.dental@ndscs.edu](mailto:ndscs.dental@ndscs.edu)

