

Wednesday, June 7

1:00pm – 5:00pm  
Instructor: Laura Lobo

DIVISION FOR WORKFORCE AFFAIRS

TRAINND SOUTHEAST

## Intro to Public Speaking/Conducting Meetings Part 1

There is really only one guaranteed way to absolutely eliminate public speaking fear. Reading a book can help. Watching videos can help. Listening to podcasts can help. However, all of these are missing the most important part of reducing nervousness – PRACTICE. That is why our proprietary Fearless Presentations® skills course is so beneficial. As you gain effective new tools, you'll also get to practice delivering these speaking skills right away. Past participants have consistently rated this course with high reviews. Its benefits improve almost all aspects of a leader's career!

### INCREASE

- Address factors contributing to speaking nervousness
- Gain self-confidence

### YOUR

- Instantly experience ease and proficiency in public speaking
- Take specific actions to improve productivity at meetings

### ABILITY TO:

- Use a four-step process for the organization of compelling messages that have impact