

# DID YOU KNOW THERE IS A FITNESS CENTER AND SWIMMING POOL ON CAMPUS?

We encourage you to take advantage of the cardio room, weight room and swimming pool.



## To Use the Fitness Center or Swimming Pool:

- Park in the north parking lot of the Clair T. Blikre Activities Center
- Enter the building through the north doors
- **Scan your student ID at the desk each time you use the facility**
  - This is mandatory to provide an accurate count of all students that are in the facility in the event of an emergency.
  - The scanner is located on the wall next to the desk.



*If you have questions, please call or email Jane Passa - 701-671-2445, Jane.Passa@ndscs.edu*

## FITNESS CENTER

### Regular Hours of Operation

#### Monday-Thursday

6 a.m.-10 p.m.

#### Friday

6 a.m.-6 p.m.

#### Saturday & Sunday

12-6 p.m.

## POOL

### Lap/Exercise Swim Times

Monday-Friday 6-7:45 p.m.

Monday, Wednesday & Friday

11:30 a.m.-12:45 pm.

Monday-Thursday 6-7 p.m.

### Open Swim Times

Sunday 2-5 p.m.

Monday & Wednesday 7-9 p.m.