

OTA 102: Behavioral Health: Theory/Practice-Children/Adolescents (2 Credits)

Course Description

This course addresses psychosocial issues of children and adolescents. The course content addresses common diagnostic conditions, occupational therapy assessment, and intervention strategies. Students will be expected to lead and participate in task groups appropriate for children and adolescent with psychosocial related issues. This course is taught on-line. There will be one Friday/Saturday face-to-face classroom session. The course is offered spring semester, 1st year.

Textbooks

Required: Mental Health Concepts and Techniques for the Occupational Therapy Assistant. Mary Beth Early. 4th Edition - Copyright 2009. ISBN 9780781778398

Required: Pediatric Skills for Occupational Therapy Assistants. Jean W. Solomon and Jane Clifford O'Brien. 3rd Edition. Copyright 2011. ISBN 978-0-323-05910-7.

Required: Quick Reference to Occupational Therapy. Reed, Kathlyn. 2nd edition. Copyright 2000. ISBN: 978-0-944480-80-9.

The [NDSCS Bookstore](#) carries these texts.

Learning Outcomes/Course Objectives

Upon completion of this course, the student will be able to:

Identify and describe clinical conditions commonly requiring occupational therapy intervention for children and adolescents in a mental health setting. This may include but is not limited to depression, bipolar disorder, substance use disorders, and anxiety disorders.

1. Identify commonly used assessment and evaluation tools.
2. Identify common therapeutic approaches used to modify behavior.
3. Identify intervention strategies appropriate for each of the clinical conditions addressed.
4. Identify contra-indications and safety issues.
5. Identify appropriate goals, intervention methods, safety issues and discharge planning for case study clients with a specific diagnostic condition.
6. Demonstrate the ability to plan and lead a task group for a specific diagnostic or behavioral group.
7. Demonstrate the ability to use individual and group interaction skills as a means of achieving group goals.
8. Participate in student led groups.
9. Demonstrate the ability to modify intervention approaches to reflect the needs of the client/group.
10. Explain the role of the occupational therapy assistant in a behavioral health setting for children and adolescents.
11. Discuss the role of the occupational therapy practitioner in community-based behavioral health programs.

Course Policies and Procedures

Computer Access: Online students must maintain computer access at all times to the online course. Lack of computer access as an excuse for late work or missed exam/quiz will NOT be accepted. Review the [Access Policy](#) to learn how you can take a proactive approach to your online success.

Student Attendance: Regular attendance and completion of all assignments, on time and as scheduled, is important to your success in this course. As your instructor, if I am unexpectedly unavailable and may be delayed in reviewing or correcting assignments, I will notify the class of this as a sign of courtesy and respect.

An online student who does not submit class work for ten (10) consecutive calendar days may be dropped from the course. Efforts to contact inactive students are attempted as soon as each semester begins; however, if there is no response from the student and inactivity continues, a drop will be enacted.

The following action may be taken regarding irregular attendance:

- 1) Dropped from a course or program;
- 2) Course grade may be lowered;
- 3) Termination of financial aid assistance;
- 4) Cancellation of registration;
- 5) Restriction from extra-curricular activities; or
- 6) Any other judgments deemed necessary.

See the entire [NDSCS Attendance Policy](#)

Updated policy effective Summer 2007

Online Student Participation and Conduct Guidelines

The practices of courtesy and respect that apply in the traditional classroom also apply online. However, the expectations and practice differ in the online classroom to greater extent.

Online Discussions

The online discussions are required activities, and full participation is essential for your success of this course. These discussions are an equivalent to the traditional classroom discussions. You are expected to read all postings, and interact with each other. Refer to the specific Discussion expectations under Discussion Grading Criteria.

Assignments

Please follow the order of units as listed within the Course Navigation area (located at the left.) Each unit will build onto the next one and will be accessible according to the posted Schedule. Assignments and quizzes within each chapter are due within specified time frames. Refer to the Schedule for specific due dates. Assignments not completed by the specified

deadline but submitted late will have 10% of grade points deducted at instructor's discretion. No points will be assigned for incomplete assignments. Be prepared to spend at least four (4) hours per week in the online class, studying, and completing assignments.

Friday/Saturday Classes on Campus

I will divide you into small groups for one on-campus Friday/Saturday class during the semester. There will be a 2-hour class on Friday afternoon and an 8-hour class on Saturday. The specific date and time will be announced during the first week of class. All students are expected to attend these classes. We will have labs to practice a variety of skills you will need to have when working with children/adolescents in a mental health setting. Participation points will be awarded to those who actively participate.

Submitting Assignments

All assignments should be turned in via Dropbox unless otherwise specified. You are strongly encouraged to make hard copies of your assignments and communications with the instructor to avoid losing data in the case of technical issues. At the first sign of problems, contact your Internet Service Provider (ISP) immediately.

It is your responsibility to access the class on another computer in the event of hardware or software problems. If your problems are not cleared up within 12 hours, contact the instructor by telephone to make other arrangements.

Student-Instructor Communications

While an online class is available 24 hours a day and offers greater flexibility for you and for me, keep in mind that I will not be available 24 hours a day. I will have a virtual office. I will check my email, voicemail, and Jody's Office messages on a regular basis, but there may be times when I am unavailable due to other commitments and job responsibilities. I will respond to email, voicemail, or Jody's Office messages as time allows. As a general rule, you can expect your direct question to be answered within 24 hours during week days.

When sending an email, please include your full name so I know to whom I'm responding. Often, the email address does not indicate who is sending the message.

Student E-mail Accounts

NDSCS students are to setup an [NDSCS Live email account](http://www.ndscs.edu/currentstudents/email/live/) and use it exclusively to ensure the lines of communication with your instructor and NDSCS are not broken, which often happens with other email providers. You can setup your email account at: <http://www.ndscs.edu/currentstudents/email/live/>.

The NDSCS e-mail system provides students with an entire suite of services such as:

- 25 gigabytes of file storage
- web-based Microsoft Office products
- file sharing
- instant messaging and more

Once you have set up your "Live" account, be sure to update your email information for your online courses. After logging into eCollege, click My Profile in the upper right corner, and enter the new address so you continue to receive communications from the college.

If you need help, contact the NDSCS IT Helpdesk at 800-342-4325 ext. 2523 or ndscs.helpdesk@ndscs.edu.

Help Desk

For technical problems like not being able to view a page, slowness issues, problems viewing video or hearing audio, things not working as they should, please contact the 24/7 eCollege helpdesk at (877) 740-2213, or email them by at helpdesk@ndscsonline.org.

In addition, there is a Tech Support tab located in the upper right corner, where you can have a live chat with a technician. The Help Desk does not answer homework questions; send those questions to me.

Computer Use

Here are a few computer-related instructions to help you be successful in this course.

New online students should have completed the "SCS 101 Bits and Bytes for Online Success" instructor-led orientation class. If you have not completed that orientation, please review the "Student Orientation Tutorial" which is listed in the Special Courses section at the top of your online home page just after you log in.

The navigational tree on the left will give you an opportunity to explore this course in full detail. Make sure you read "Getting Started" as it will give you a foundation about the course.

Grading Policy

Grading Criteria

Projects and written assignments are graded on the percent established by department policy as follows:

93-100%	A - Excellent
86-92%	B - Superior
80-85%	C - Average
74-79%	D - Deficient (not passing for OTA Courses)
Below 73%	F - Failure

Grading will be done by accumulative points from all assignments.

Exams - 40% of course grade

Assignments/Projects/Discussions - 60% of grade (including leading/ participating in groups)

Department Grade Policy

1. Students must pass this course with at least 80% accuracy.

2. If a student does not attain an 80% on an assignment or authorized project, the student will be permitted to redo the assignment one more time.
3. The grade assigned for the retake will be no higher than 80%.
4. Time frame for retakes is one week.

Tests/quizzes cannot be retaken.

Discussion Grading Criteria

We will have weekly discussions during the semester. You will be expected to respond to discussion questions and to two of your classmates as assigned. Each response to discussion questions must be relevant and substantive (at least 75 words in length.) Responses to classmates must also be relevant and substantive (more than "I agree.") Your first entry is expected by Thursday each week. Check back into the Discussion to respond to two of your classmates by Sunday.

Tie to Program Assessment Outcomes

This course addresses the following assessment outcomes:

Student Outcome#3: Communicate effectively with others in oral and written format. The focus will be on writing skills to include sentence structure, grammar, spelling, and legibility.

Student Outcome #4: Demonstrate professional behavior as outlined in the AOTA Code of Ethics. The focus will be on attendance and student conduct in the classroom.

Tie to Curriculum Design

This course expands on the knowledge base of behavioral health and wellness into more therapeutic interventions for the OTA. To broaden their current understanding, students engage in occupation-based activities related to the psychosocial needs of clients in all practice areas.

Academic Integrity: Integrity is an NDSCS core value and there is an expectation that all students, as members of the college community, adhere to the highest levels of academic integrity.

Dishonesty in class, laboratory, shop work or tests is regarded as a serious offense and is subject to disciplinary action by the instructor and dean of the respective division. For more information, refer to the NDSCS Student Planner or [College Catalog](#) under College Policies and Basic Regulations of Conduct.

Types of Misconduct

Cheating: Intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise.

Fabrication: Intentionally and unauthorized falsification or invention of any information or citation in an academic exercise.

Facilitating academic dishonesty: Intentionally or knowingly helping or attempting to help another to commit an act of academic dishonesty.

Plagiarism: Intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

Disabilities and Special Needs

If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact both your instructor and the Student Accessibility Coordinator, 215 Mildred Johnson Library (phone 671-2623, or toll-free 1-800-342-4325 ext. 3-2623) as early as possible in the term.

Instructor Information

Instructor may vary by semester.