

## **NURS 248L: PN Transitions Lab (2 Credits)**

### **Course Description**

This course is designed for the Licensed Practical Nurse to improve his/her nursing knowledge in technical and assessment skills of the adult client. Complex nursing procedures are presented online, with the opportunity to be demonstrated and applied in the simulated clinical laboratory setting. This course is designed for Licensed Practical Nurses returning to college to receive an associate in applied science degree in practical nursing.

#### *Prerequisite:*

Currently licensed practical nurse.

Satisfactory completion of BIOL 220 Anatomy/Physiology, BIOL 220L Anatomy/Physiology Lab, BIOL 221 Anatomy/Physiology and BIOL 221L Anatomy/Physiology Lab, or the equivalent of both.

Satisfactory completion or presently enrolled in BIOL 202 Microbiology, BIOL 202L Microbiology Lab, or the equivalent.

#### *Co-requisite*

NURS 248 PN Transitions.

### **Textbooks**

Jarvis, C. (2008). Physical examination & health assessment pocket companion. (5th Ed.) St. Louis, MO: Elsevier Saunders.

Kozier, B., Erb, G., Berman, A., & Burke, K. (2008). Fundamentals of nursing, concepts, process and practice (8th ed.), Upper Saddle River, NJ: Prentice Hall.

Mosby's Nursing Video Skills: Physical Examination & Health Assessment, 1st Ed., ISBN #: 9780323049627. Mosby's Nursing Video Skills: Student Version DVD, ISBN#: 9780323052924.

### **Learning Outcomes/Course Objectives**

*Upon completion of this course, the student will be able to:*

1. Demonstrate the ability to meet the course objectives by practicing consistent, safe, responsible and legal behavior as defined by: consistent: predictable, uniform performance; ethical: practices based on moral reasoning acceptable to nursing practice; responsible: accountable for own behavior and decisions; and legal: compliance with Board of Nursing standards for practice.
2. Complete a comprehensive nursing care plan including physical assessment.
3. Perform intravenous and drug dosage calculations.
4. Describe the principles of nasogastric and tracheal suctioning.
5. Perform a nasogastric tube insertion procedure.
6. Demonstrate complex health care treatment principles.
7. Describe methods of enteral feeding.
8. Perform central venous line dressing changes.
9. Perform intravenous therapy.
10. Demonstrate assessment techniques to complete a physical examination.
11. Describe concepts of fluid and electrolyte therapy.

12. Describe concepts of physical assessment.
13. Describe principles of blood therapy.

## **Course Policies and Procedures Access Policy:**

### **Computer Failures and Viruses**

Online students must maintain computer access at all times to the online course. Lack of computer access as an excuse for late work or missed exam/quiz will not be accepted. Review the Access Policy to learn how you can take a proactive approach to your online success.

### **Student Attendance**

Regular attendance and completion of all assignments, on time and as scheduled, is important to your success in this course. As your instructor, if I am unexpectedly unavailable and may be delayed in reviewing or correcting assignments, I will notify the class of this as a sign of courtesy and respect. An online student who does not submit class work for ten (10) consecutive calendar days may be dropped from the course. Efforts to contact inactive students are attempted as soon as each semester begins; however, if there is no response from the student and inactivity continues, a drop will be enacted.

*The following action may be taken regarding irregular attendance:*

- 1) Dropped from a course or program;
- 2) Course grade may be lowered;
- 3) Termination of financial aid assistance;
- 4) Cancellation of registration;
- 5) Restriction from extra-curricular activities; or
- 6) Any other judgments deemed necessary.

[See the entire NDSCS Attendance Policy.](#)

### **Online Discussions**

The online discussions are required activities, and full participation is essential for your success of this course. These discussions are an equivalent to the traditional classroom discussions. You are expected to read all postings, and interact with each other. Refer to the specific Discussion expectations under Discussion Grading Criteria.

### **Online Student Participation and Conduct Guidelines**

The practices of courtesy and respect that apply in the traditional classroom also apply online. However, the expectations and practice differ in the online classroom to greater extent. Review the Online Student Participation and Conduct Guidelines to learn of these expectations.

### **Assignments**

The course Assignments and Discussions will follow the order of units as listed within the Course Navigation area (located at the left.) However, please read the assignments and accompanying prep for Unit III Nursing Process and Unit IV Health Assessment. These two units will require ongoing preparation. For example, in Unit III, you need to select and work with

a client of your choice to complete a health assessment and physical exam. In Unit IV, you can be watching and practicing nursing skills that will culminate in a comprehensive physical assessment in the nursing lab at the end of the course. More detail is provided with in each of the specific units Assignment section. Assignments and quizzes within each chapter are due within specified time frames. Refer to the Course Overview for specific due dates. Be prepared to spend at least nine (9) hours per week in the online class, studying, and completing assignments.

### **Submitting Assignments**

All assignments should be turned in via Dropbox unless otherwise specified. You are strongly encouraged to make hard copies of your assignments and communications with the instructor to avoid losing data in the case of technical issues. At the first sign of problems, contact your Internet Service Provider (ISP) immediately. It is your responsibility to access the class on another computer in the event of hardware or software problems. If your problems are not cleared up within 12 hours, contact the instructor by telephone to make other arrangements.

### **Student-Instructor Communication**

While an online class is available 24 hours a day and offers greater flexibility for the student and instructor, keep in mind that your instructor will not be available 24 hours a day. I will check my email, voicemail, and the Nurses Station messages on a regular basis, but there may be times when I am unavailable due to other commitments and job responsibilities. I will respond to questions and messages as time allows. As a general rule, you can expect your direct question to be answered within 24 hours during week days. When sending an email, please include your full name so I know to whom I'm responding. Often, the email address does not indicate who is sending the message.

### **Help Desk**

For technical problems like not being able to view a page, slowness issues, problems viewing video or hearing audio, things not working as they should, please contact the 24/7 eCollege helpdesk at (303) 873-0005, or email them by at [helpdesk@ndscsonline.org](mailto:helpdesk@ndscsonline.org). They do not answer homework questions; send those to me.

### **Grading Policy**

Student achievement of the course objectives for NURS 248L will be measured by:

Course Work Percent Unit Quizzes 20%

Discussion Entry 10%

Papers/Assignments 30%

Lab Practicum Evaluation 40%

*\*\* Late assignments: 85% of earned grade all late assignments. 5% deduction each additional week assignment late. Assignment not accepted after 6 weeks past due date.*

### **Laboratory Simulation Experience**

The purpose of the laboratory is to discuss, perform and relate nursing concepts within the clinical settings of practice. This will be done in group discussion, individual presentations, demonstrations and testing by self and/or with lab partner. Attendance is required for all

laboratory sessions (see attendance policy).

### Grading Criteria

- 93-100 = A
- 85-92 = B
- 77-84 = C
- 70-76 = D
- <70 = F

### Discussion Grading Criteria

You are expected to respond to discussion questions and to two of your classmates as assigned. Each posting must be relevant and substantive (at least 75 words in length.) Responses to classmates must also be relevant and substantive (more than "I agree.") Your first entry is expected by Wednesday each week. Check back into the Discussion to respond to your classmates by Saturday. You will be graded on participation according to the following: Each week is worth 10 points:

Online- Threaded Discussion Participation			
Unsatisfactory 0 points	Needs Work 2 points	Satisfactory 3 points	Very Good 5 points
Less than 3 postings are made in the discussion board area.	<p>3-5 entries: Each entry is posted but is brief (less than two sentences)</p> <p>a) It has little in the way of thoughtful, substantive ideas concerning the assignment and/or course content related to it.</p> <p>AND/OR</p> <p>b) It fails to respond to fellow student(s) or in response to a fellow student it is quite simple and just a personal remark not a substantive reply (ex- "Good. I really liked your comment.)</p>	<p>3-5 entries: Each entry has 3 or more sentences:</p> <p>a) Each contains thoughtful, substantive ideas concerning assignment and/or course content related to it;</p> <p>AND/OR</p> <p>b) The entries are responsive to at least two other classmates with detailed remarks about that individual's writing or discussion response.</p>	<p>3-5 entries: Each entry includes one or both characteristics in the 7 points box plus:</p> <p>a) Entries include an outside resource, or a relevant, specific real life application;</p> <p>AND/OR</p> <p>b) Your response to class member(s) clearly indicates your position in relation to what fellow students(s) said or wrote (e.g. - agreeing, disagreeing, adding to, modifying, extending or questioning it.)</p>

### Tie to Program Assessment Outcomes

Apply theory of human needs, developmental levels and adaptation modes in the integration of the client/patient as a bio-psychosocial, spiritual and cultural being while recognizing learning needs and participating in client teaching. Utilize the nursing process to plan and safely manage the bio-psychosocial, spiritual and cultural needs of the client/patient and their support systems within their environment and health care settings utilizing current knowledge base of nursing practice. Practice within the ethical and legal framework of the practical nursing profession as directed by the Board of Nursing; demonstrating protection of the patient/client confidential information, accepting accountability for nursing practice, and demonstrating responsibility for continued personal and professional growth. Utilize effective communication including patient

advocacy concepts with the client/patient and follow established lines of authority to provide nursing care. Successfully complete the nursing curriculum requirements securing employment in the health care delivery system as a Licensed Practical Nurse and/or articulate to another level of education. Demonstrate critical thinking skills through analysis, evaluation, inference, deductive and inductive reasoning.

### **Academic Integrity**

Integrity is an NDSCS core value and there is an expectation that all students, as members of the college community, adhere to the highest levels of academic integrity. Dishonesty in class, laboratory, shop work or tests is regarded as a serious offense and is subject to disciplinary action by the instructor and dean of the respective division. For more information, refer to the NDSCS Student Planner or College Catalog under College Policies and Basic Regulations of Conduct.

### **Types of Misconduct**

**Cheating:** Intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise.

**Fabrication:** Intentionally and unauthorized falsification or invention of any information or citation in an academic exercise.

**Facilitating academic dishonesty:** Intentionally or knowingly helping or attempting to help another to commit an act of academic dishonesty. **Plagiarism:** Intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

### **Disabilities and Special Needs**

If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact both your instructor and the Disability Support Services Office, 215 Mildred Johnson Library (phone 671-2623, or toll-free 1-800-342-4325 ext. 3-2623) as early as possible in the term.

### **Tuition/Fees**

See tuition and fee information, Refund Policy and Withdrawal Schedule information in the NDSCS Online site under Financial Information. Tuition and fee costs do not include books, software, supplies and other program or course fees which may vary by program.

### **Instructor Information**

Instructors may vary by semester.