Attention Deficit Hyperactivity Disorder (ADHD) is a disorder impacting many college students. It is identified by patterns of inattention and/or hyperactivity-impulsivity that interferes with daily functioning that begins in childhood.

Some Symptoms Include:
- Making careless mistakes
- Difficulty paying attention
- Problems with organization
- Being easily distracted
- Fidgeting or bouncing in your seat
- Constantly “on the go”
- Interrupting others

Assessment is available and treatment for ADHD is effective. If you think you may have ADHD, please contact NDSCS Counseling Services for more information.

To meet with a counselor call:
- WAHPETON 701-671-2286
- NDSCS-FARGO 701-671-2784

Visit NDSCS.edu/Counseling for more information.