



Attention
Deficit
Hyperactivity
Disorder

Attention Deficit Hyperactivity Disorder (ADHD) is a disorder impacting many college students. It is identified by patterns of inattention and/or hyperactivity-impulsivity that interferes with daily functioning that begins in childhood.

SOME SYMPTOMS INCLUDE:

- Making careless mistakes
- Difficulty paying attention
- Problems with organization
- Being easily distracted
- Fidgeting or bouncing in your seat
- Constantly “on the go”
- Interrupting others

Assessment is available and treatment for ADHD is effective. If you think you may have ADHD, please contact NDSCS Counseling Services for more information.

To meet with a counselor call:
WAHPETON 701-671-2286
NDSCS-FARGO 701-671-2784

Visit [NDSCS.edu/Counseling](https://www.ndscs.edu/Counseling) for more information.

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